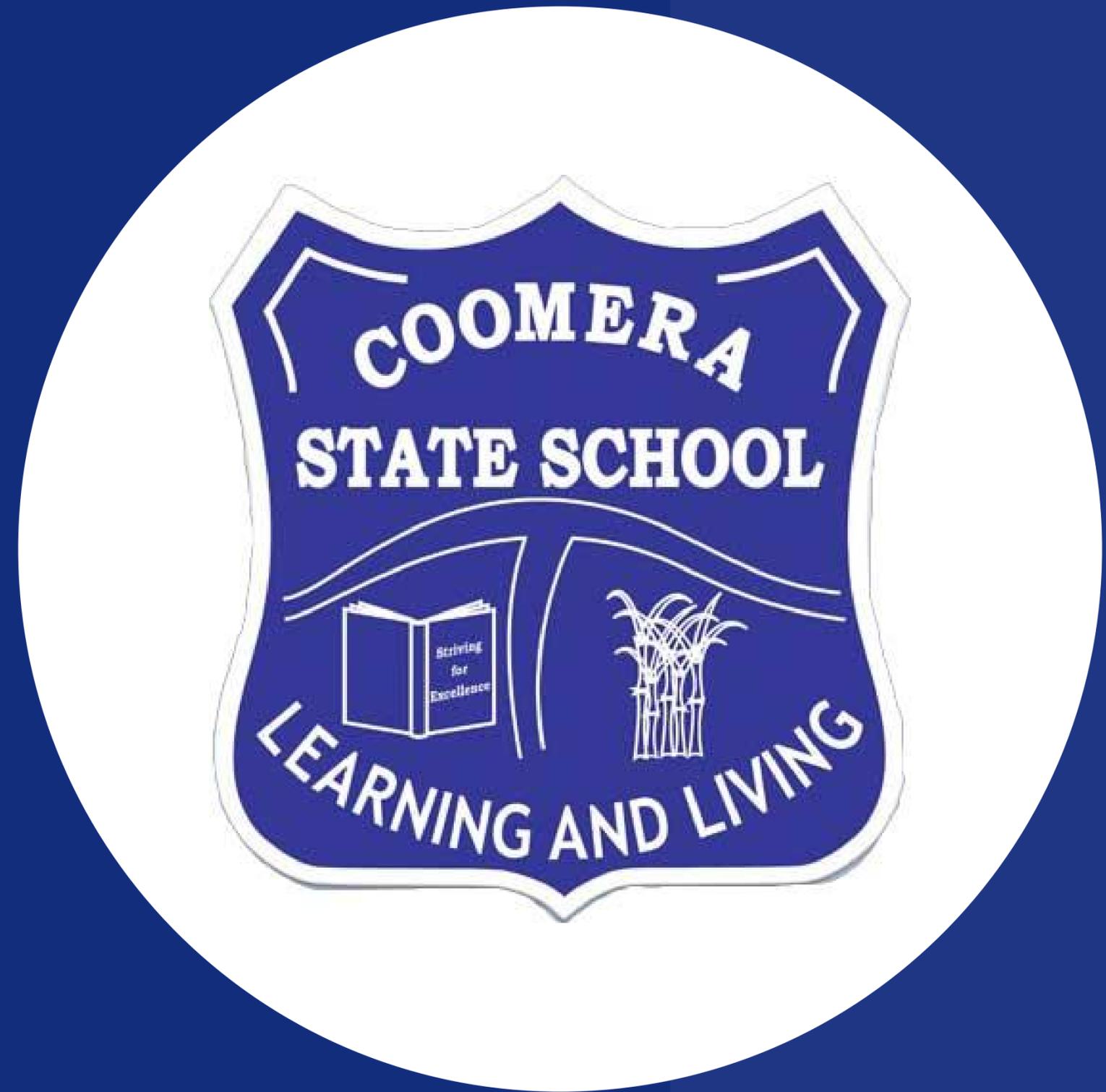


# COVID-19

Information for our school community



The health and safety of our students, staff and the wider community is our number 1 priority. We recognise that the outbreak of COVID-19 is the cause of many uncertainties. As a school, we will do our very best to support our students and families.





Coomera State School has convened a team that has been meeting daily to focus on the latest information being relayed to schools about COVID-19.

The team, comprising key members of our school community, has been monitoring the situation daily and making decisions about how we can best support our students.

Our school has been in constant contact with Queensland Health and Education Queensland.

Across the school, we have continued to reinforce basic hygiene practices for students and staff.

We have introduced mandatory supervised handwashing at least twice a day, and encouraged the use of hand sanitiser. We have also encouraged reduced use of air conditioners and more use of natural ventilation.



# HEALTH AND SAFETY

Of course, health and safety is of major importance, and we continue to be guided by Queensland Health and the Australian Department of health.

Some measures introduced include:

- Reminding teachers to be alert to signs of illness in themselves and their students, and reinforcing the message "if you are ill, stay home".
- Displaying hygiene posters to reinforce lessons.
- Intensifying cleaning processes.
- Purchasing extra supplies of soap, disinfectant and hand sanitiser.



## IF YOUR CHILD DEVELOPS FLU-LIKE SYMPTOMS, PLEASE:

- Keep your child at home.
- Avoid close contact with others such as touching, kissing or hugging, or any mass gatherings, especially those involving other children.
- See a doctor or contact 13 HEALTH (13 43 25 84) immediately.
- Seek medical advice if your child has underlying medical conditions.
- Call ahead to the medical centre or your doctor's surgery, advising of your child's symptoms.

# PROTECTING OUR COMMUNITY

## Novel Coronavirus

### What you need to know

Coronaviruses are a type of virus that can affect humans and animals. Some coronaviruses cause illnesses similar to the common cold and others cause more serious illnesses, including Severe Acute Respiratory Syndrome (SARS) and Middle East respiratory syndrome (MERS).

### What are the symptoms?



Fever



Cough



Fatigue



Sore throat



Shortness of breath

### How to stop it spreading



Wash your hands regularly



Cover your coughs and sneezes



Stay home if you're unwell

### Further information

If you are concerned visit your GP or contact 13HEALTH



# CLEAN HANDS SAVE LIVES

12 steps to successful everyday handwashing

Queensland Health

Duration  
of hand-wash



1

Wet hands with water.



2

Apply enough soap to cover all hand surfaces.



3

Lather thoroughly.



4

Rub hands palm to palm.



5

Rub hands palm to palm with fingers interlaced.



6

Rub back of hand using the palm of the other with fingers interlaced.



7

In a circular motion rub the tips of fingers in the palm of the opposite hand.



8

Clean thumb by holding it in the other hand and rotating.



9

Rub wrist with the opposite hand.



10

Interlock fingers and rub back of fingers on opposite palms.



11

Rinse hands with water.



12

Dry hands with clean paper towel and use paper towel to turn off tap.

Researchers think that if everyone washed their hands properly, about 1 million lives would be saved every year.\*

When performed correctly, hand hygiene results in a reduction of microorganisms on hands. Poor hand hygiene contributes to the spread of pathogens, which can cause health issues such as gastrointestinal and respiratory infections.



**Please note:** These guidelines are for social handwashing only, such as after toilet use and before handling food. This poster is not intended for use in clinical settings.

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# PROTECTING OUR COMMUNITY

## IT IS ALSO IMPORTANT TO ENCOURAGE YOUR CHILDREN TO:

- Wash their hands regularly with soap and water, particularly before and after eating and going to the toilet
- Use alcohol-based hand sanitiser if soap is unavailable.
- Cover coughs and sneezes with a tissue or the inside of their elbow.
- Dispose of tissues in the bin immediately.

## **WHAT'S NEXT?**

Rest assured we will continue to monitor the situation, and will of course follow all Education Queensland and Queensland Health directives.

As previously stated, the safety of students and staff is paramount, and we have already made plans to provide ongoing learning for our students should we be directed to close the school for any length of time.

We will endeavour to keep our school community as informed as possible.